

Nanaimo Area Nets

VHF/UHF Nets

How Often	Time Start	Name of Net	Information & Repeater Callsigns	Nanaimo Area Access
Daily	8:15 AM	Cowichan Valley ARS Morning Net	Island Trunk system	Island Trunk system (FM) (see below)
Daily	9:00 AM	Rainbow Country Net	VE7RPT Repeater (No tone)	146.940 MHz (FM)
Monday	8:00 PM	Monday Night Island Trunk Net	Island Trunk system (hosted by NARA)	Island Trunk system (FM) (see below)
Tuesday	7:00 PM	Coast Emergency Comms Association (Message handling Net, hosted by CECA)	<i>All repeaters 141.3 Hz Tone</i> VA7RFR VE7IPM VE7DNR VA7VIU VE7GFD (Linked during) VA7DXH (CECA Net) VA7DXH	443.000 MHz - S. Nanaimo 442.525 MHz - N. Nanaimo 442.450 MHz - Ladysmith 147.080 MHz - Parksville 444.900 MHz - Gabriola 145.410 MHz - Ladysmith 224.040 MHz - Ladysmith
Tuesday	7:30 PM	Vancouver Area SSB Net	Use Vertical Polarization	144.220 MHz (USB)
Wednesday	7:15 PM	Emergency Management BC (Hosted by VE7PEP)	Island Trunk System	Island Trunk system (FM) (see below)
Wednesday	6:00 PM	CQ Canada Net (Canada Wide Net)	This is a Digital Net using Fusion C4FM	146.980 MHz (VA7ANI) 443.900 MHz (VE7DJA)
Saturday	10:30 AM	NARA 220 NET	VA7DXH Rptr (Ladysmith)	224.040 MHz - FM
Saturday	10:45 AM	NARA 2M SSB NET	Upper Sideband - Simplex	144.210 MHz USB
Saturday	11:00 AM	(hosted by NARA)	Upper Sideband - Simplex	50.150 MHz USB

HF Nets

How Often	Time Start	Name of Net	Frequency (80m band)	Net Control station
Monday to Friday	9 AM	The Wrong Button Club	3.744 MHz	Gerry VE7BGP
Daily	5:30 PM Winter 6:30 PM Summer	BC Public Service Net	3.729 MHz	As assigned
Daily	6:30 PM Winter 7:30 PM Summer	BC Yukon Traffic Net	3.716 MHz	As assigned
Monday night	After Monday Night Net 20:45 or 21:00 ish	Associated with Monday Night Net	3.746 MHz	As assigned by NARA

Island Trunk System – a system of linked repeater stations servicing the East coast of Vancouver Island from Victoria to Port McNeill and through Port Alberni over to Tofino.

Nanaimo area access	Repeater Callsign	Frequency	/ Shift	/Tone
Nanaimo (Lost Lake)	VE7DJA	145.430 MHz	0.6 MHz	141.3 Hz
Nanaimo (Mt Benson)	VA7ITS	444.725 MHz	5.0 MHz	141.3 Hz
Chemainus (Mt Brenton)	VE7AQW	146.680 MHz	0.6 MHz	141.3 Hz
Chemainus (Mt Brenton)	VE7AQW	442.600 MHz	5.0 MHz	141.3 Hz