

Good morning and welcome to the Vancouver Island, Lower Mainland  
Saturday morning 220 net

This is CALLSIGN , my name is \_\_\_\_\_ and I'm located in \_\_\_\_\_, I  
will be net control this morning, we get together every Saturday  
morning at 10:30 hours on VA7DXH repeater located in Ladysmith,  
this repeater has linked 220 and VHF, I am currently on \_\_\_\_\_

This is an informal round table style net, all stations from anywhere  
are welcome to check in.

This net is limited to 15 minutes and is part of a series of 3 nets, we  
will then move to 2 m upper side band at 144.210 at 10:45 and 6 m  
upper sideband at 50.150 at 11:00 hours

Are there any stations wishing to check in, come ahead now.